

Cardioversion

Definition

Cardioversion is a method to bring an abnormal heart rhythm back to normal.

Electrical Cardioversion

Electrical cardioversion is done with a device that gives off an electrical shock to the heart to change the rhythm back to normal. The device is called a defibrillator.

The shock can be delivered from a device outside the body called an external defibrillator. These are found in emergency rooms, ambulances, or some public places such as airports.



- Electrode patches are placed on the chest and back. The patches are connected to the defibrillator. Or, paddles attached to the devices are placed directly onto the chest.
- The defibrillator is activated and an electric shock is delivered to your heart.
- This shock briefly stops all electrical activity of the heart. Then it allows the normal heart rhythm to return.
- Sometimes more than one shock, or a shock with higher energy is needed.

An external defibrillator is used to treat abnormal heart rhythms (arrhythmia) that cause collapse and cardiac arrest. Examples are ventricular tachycardia and ventricular fibrillation.

These same devices may also be used to treat less dangerous abnormal rhythms, problems such as atrial fibrillation.

- Some people may need to start blood thinners beforehand to prevent small blood clots.
- You will be given medicine to help you relax before the procedure.
- After the procedure, you may be given medicines to prevent blood clots or to help prevent the arrhythmia from coming back.

An implantable cardioverter-defibrillator (ICD) is a device that is placed inside your body. It is most often used in people who are at risk for sudden death because their heart function is so poor, or they have had dangerous heart rhythms before.

- The ICD is implanted underneath the skin of your upper chest or abdomen.
- Wires are attached that go into or near the heart.
- If the device detects a dangerous heartbeat, it sends an electrical shock to the heart to change the rhythm back to normal.

Alternative Names Abnormal heart rhythms - cardioversion; Bradycardia - cardioversion; Tachycardia - cardioversion; Fibrillation - cardioversion; Arrhythmia - cardioversion; Cardiac arrest - cardioversion; Defibrillator - cardioversion; Pharmacologic cardioversion