

# Cardiac Clearance

**PLEASE CALL OUR MAIN OFFICE AND FOLLOW THE RECORDED INSTRUCTIONS TO REACH THE NURSE LINE AT (863) 508-1101.**

**CARDIAC CLEARANCE REQUEST CAN BE FAXED TO (863) 299-6158.**

Some patients will require cardiac clearance from their cardiologist before they can undergo certain surgical procedures.

This clearance allows our cardiologist, to determine whether you are healthy enough for the surgery and to discuss potential risks and benefits with you.

While your primary care physician may do the initial evaluation with you, if you receive care from a cardiologist, or if your doctor determines that you are at risk for a cardiac episode then you'll need to turn to a cardiologist for **"cardiac clearance"** before you can undergo surgery.

**You may require cardiac clearance before a surgical procedure if:**

- **You have a history of cardiovascular disease**
- **You have a complex medical history**
- **You have other chronic health problems such as obesity**
- **You're about to undergo cosmetic surgery**
- **You are about to undergo a high-risk surgery**

Getting a cardiac clearance typically involves a comprehensive evaluation with our cardiologist where we will ask questions about the patient's detailed medical history and heart health, and diagnostic testing may be necessary before the patient can be cleared for surgery. We will also discuss the medications you're currently taking and whether you'll need to stop any medications before surgery.

**Multiple cardiac tests may be required prior to clearance based on individual needs.**

**These diagnostic tests include but are not limited to the following:**

- **Echocardiogram**
- **EKG**
- **Heart Catherization**
- **Stress Testing**